

Have you heard
the one about the...

Laughter Yoga Session

Friday, 24 March 2017
Dudley Leisure Centre
(Yoga Room)

2 sessions:

12 noon to 12.45 pm

1.00 pm to 1.45 pm

Please give generously

for Red Nose Day?

**Me neither, but it
sounds like a
good laugh.**



**MAKE
YOUR
LAUGH
MATTER.**

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