



**Jigsaws £14.99 each or 6 for £69.99 saving £19.95!**

Poppy Fields, Mountain View, Hit for Six, Helping in the Garden, Fun at the Seaside, London Bus

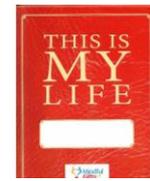


**Aquapaints £14.99 each or 2 for £19.98 saving £10!**

Pets and Animals, Classic Sports

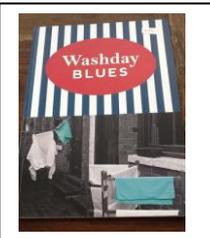
Our wooden jigsaws are ideal to keep minds active, maintain dexterity and on completion, stimulate conversation, allowing users to achieve the satisfaction of completing the puzzle and creating a beautiful image on their own. Each puzzle consists of eleven pieces that can be assembled within the frame and on a specially printed backing board that is designed to assist and encourage the users. The puzzles are made from wood making them extremely durable and easy to clean.

Aquapaints is a great activity for people who enjoy painting. By adding just water on a paint brush to the template, the adult appropriate pictures appear giving the user an instant sense of achievement. For people who find it hard to hold a paint brush, a sponge can be exchanged for the brush. The therapeutic activity can be enjoyed by many people, over and over again; as the picture fades back to its original state.



**This is My Life**  
**£5.99, special offer £4.99**

The 'This Is My Life' book is ideal for documenting life stories from childhood memories to present day and future wishes. The 34 pages can be used for writing past memories and/or sticking photos/newspaper cuttings to make a person's identity come to life which can be enjoyed by many people. The activity of completing the book can be an enjoyable experience whilst the end result can be used to start meaningful conversations with the individual. This red cover book is a must for everyone and can leave a lasting legacy for family and friends.



**Washday Blues £14.99 on offer at £9.99**

The 'Washday Blues' book is great for reminiscing about what washdays used to be like before we had washing machines. The poems tells the story of what we had to go through to get the family washing done which many women can relate to and have their own stories to tell. Whilst the photos will provoke memories of the items we used to use. The book can be used on an individual basis or as part of a group activity.



**Adult Colouring Books £14.99 on offer at £7.99**

Ladies, Gentlemen, British Birds, Planes Trains and Automobiles, Cars from the 60s & 70s, Film Stars of the 40s & 50s

Our Adult Colouring Book contains 15 unique hand drawn images that are not only enjoyable to colour but will also stimulate memories and start conversations. The A3 pages make the images easy to see and provide a large canvas to be creative, providing many hours of art therapy. As well as the images, there are 5 blank pages where the user can create their own masterpieces and capture their own colourful memories.

## Easy Ordering

Order by post: complete the order form and return it to: Mindful Gifts CIC, 1 Church Street, Darlaston, Walsall, West Midlands, WS10 8DS.

Please make cheques payable to 'Mindful Gifts'.

Place orders online: [www.mindfulgifts.co.uk](http://www.mindfulgifts.co.uk)

Email: [mindful.gifts@yahoo.com](mailto:mindful.gifts@yahoo.com) (we can invoice you if you are an organisation)

Order by telephone: 01922 495994 or 07828 935451



Visit our shop at: Mindful Gifts CIC, 1 Church Street, Darlaston, West Midlands, WS10 8DS

All orders will attract a charge of £4.95 as a contribution towards packaging and carriage costs.

Description	Price	Quantity	Total
		Goods Total	
		Delivery Charge	£4.95
		Total	

“Our mission is to enable people with dementia access meaningful activities” Mindful Gifts CIC is a community interest company. This means we operate for the benefit of the community rather than for personal gain. By purchasing from Mindful Gifts CIC you will support us to do lots of good things! We deliver a range of services for people with dementia & carers, develop new products, and work within the community to raise awareness of dementia and much more!

Company registration number 08845128

We also do Vintage Tea Parties at our 1950s themed shop in Darlaston. At £4.99 they are great for a 'get together' and chat over past memories. Our shop contains a traditional sweet shop, traditional toy shop, flea market, 1950s living room and scullery, so there's lots to browse and plenty of gift ideas!