#### **Carers Week Activities**

### Sunday 11<sup>th</sup> June – Celebrate Carers at the Black Country Museum, 10.30am – 4pm

Join us to celebrate Carers Week, activities include: Performances by DYnamics Rock & Pop Choir; traditional rag rugging workshop sessions; and a Carers Information market in the main visitor reception. (These activities are free of charge)

Normal admission prices will apply if you wish to visit the Museum(One Essential Carer can go free when accompanying the person they care for). For more information contact 01384 818723

### Wednesday 14<sup>th</sup> June - Tea and Cakes on the wards at Russell Hall Hospital 2pm-4pm

For more information contact Sharon on 01384 573381/07435 754386

## Thursday 15<sup>th</sup> – Carers Information at Health Hub Russell Hall Hospital 10am - 4pm

Information available for carers, including Dudley Parkinson's Group, Shared Lives and Rethink

For more information contact Sharon on 01384 573381/ 07435 754386

#### Thursday 15<sup>th</sup> June – Carers Cafe at Queens Cross, 10.30am – 1pm

Join us and other carers for a relaxing morning of chat, activities, and an opportunity to find out about support for carers (carers can bring the person they care for with them if they wish). Queens Cross Centre, Wellington Road, DY1 1RB

### Thursday 15<sup>th</sup> June – Carers Pop Up Cafe for Dudley Council staff as Dudley Library 11am – 2pm

Dudley Council staff who are carers can come along to our drop-in Carers Pop-Up cafe to find out more about support available to staff who work and have caring responsibilities. Dudley Library, St James Road, Dudley, DY1 1HR

#### Friday 16<sup>th</sup> June - Carers Tea & Chat at DY1, 10am - 12pm

Free breakfast bap at the Carers drop in 'tea & chat' session at DY1 Stafford Street, Dudley, DY1 1RT

# Friday 16<sup>th</sup> June - Carers Network Information Stand at Sainsbury's Amblecote 10am – 1pm

Raising awareness of carers and support available to people who provide informal / unpaid care to a loved one, relative friend or neighbour.

### Saturday 17<sup>th</sup> June - Family fun day at DY1, 11am - 2pm

A fun day of activities to celebrate Volunteers and Carers Week 2017 at DY1 Stafford Street, Dudley, DY1 1RT  $\,$ . For more information contact : Eileen at Dudley CVS 01384 573381