



Mental Health Forum

The power of positive peer support

You are invited to come along and learn more about what positive support from those around you, including family, friends, medical professionals and people with similar experiences to you, can do for your mental health. We will also be looking at employment support and life skills.

Date: Thursday 22 June

Time: 11am - 1pm

Venue: Forest Arts Centre, Hawbush Road, Walsall, WS3 1AG

A free lunch will be provided

To book your place or for more information, please contact communication@dwmh.nhs.uk or call 01384 325015.