



Free bereavement support



A series of free bereavement support groups;

- Share experiences and learn from others in similar situations
- Discover new coping skills and begin to focus on the future
- Develop your own plan for moving forward with life



Taster session Friday 22nd September 2017

Drop in any time from 2pm until 4pm for an informal chat about the programme with our award winning facilitator, Jane Hunt.



St James's Church Hall, Belfry Drive, Wollaston, Stourbridge DY8 3SE

Contact Omega care for life



01743 245 088



info@omega.uk.net



www.omega.uk.net



Freepost RSGB-CYBY-HSCX
Omega, London House, Town Walls,
Shrewsbury SY1 1TX



www.twitter.com/omegacare

