

Take the lead

Equipping people
to be leaders
in their own care



A major conference for anyone with lived or professional experience of mental illness, or an interest in effective mental health care.

The emphasis nowadays is increasingly on the idea of person-centred care, that – as the Care Act insists – the individual is the person best-placed to judge their own wellbeing,

But this has to be more than lip-service.

- How can people experiencing mental illness insist on having their real needs met?
- How can relatives and friend who care for these individuals support them in accessing what they are entitled to?
- How can services ensure that ‘involvement’ is meaningful and that care is individually tailored?

WHEN:

**27 September 2017
10.00am to 4.00pm**

WHERE:

**North Stafford Hotel
Stoke on Trent**

**Easy access by road.
Directly opposite the train
station. Ample parking.**

See the following page for our conference programme and find out how this will help YOU.



Conference infoline: 01823 365315

Email: stokeconference@rethink.org

Hotel: 01782 744477

**Rethink
Mental
Illness.**



Take the Lead

Stoke on Trent
27 September

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Programme and speakers

Plenary sessions

The national picture for both clinical and support services: Andrew Hodges, Rethink's Chief Operating Officer / Deputy Chief Executive, will give us a comprehensive and realistic account of the current national picture and what future developments are likely to be. This understanding is essential for anyone wishing to access or provide the best care available in these difficult times and will enable us to see individual situations in the wider context of national mental healthcare

The new legal framework for care: Doug Feery is a barrister with many years' experience of public, mental health, mental capacity and community care law and provides regular training to the range of professionals involved in this work. He will give an up-to-date analysis of the impact of relevant statutes and recent case law, particularly with regard to the Care Act 2014, the Mental Health Act and the Mental Capacity Act, in a way that is easily understood, and with an emphasis on how the law can be used to access what individuals need.

What does real involvement look like? The Rethink Participation Team will draw on its expertise and experience to explain how they support genuine involvement both strategically and on the ground, with stories and evidence from a range of successful group and peer-led initiatives

Smaller group sessions

Advocacy

Heather Robson, Rethink's advocacy lead for the North of England, and colleagues Amy Brown and Louis Hotchkiss, will provide a comprehensive overview of statutory advocacy provision under the Care Act, the Mental Health Act, and the Mental Capacity Act, with an explanation of entitlement to advocacy services and how best to make use of them. In addition, the Lancashire Carer group will detail the self- and peer-advocacy strategies which have successfully empowered their group members to insist on appropriate care for the people they support.

Interactions with clinicians

Dr. James Kelly, Clinical Psychologist with the Lancashire Care NHS Foundation Trust's Early Intervention service, will give an entertaining but highly informative talk about compassion-focused therapy, as a basis for enabling people to feel more confident and assertive in their interactions with clinicians.

Advice

Laura Peters, Rethink's Advice and Information Service manager and her team will give us an insight into how mental-health specific information is provided, today's most significant problems, and how to make best use of this unique and award-winning service.

How to book Please complete the booking form/membership form included.

Rethink Mental Illness Members – FREE

Join now for a one-off payment of £6 for online membership or £27 (£2.25 per month) for Classic membership. Two membership options – Classic at £27 a year and e-membership at £6 a year. Every member gets access to the amazing online member community 'we think' and the opportunity to play an active role in how the charity is run. Classic members receive a Members Kit, *Your Voice* magazine in the post, and free extras at National Members Day.

Non-members: £30* If you are paying £30 for registration, why not join Rethink Mental Illness instead? You will get access to this conference and twelve months membership, plus quarterly issues of our magazine *Your Voice* and the chance to find out if membership is for you in the long-term.

Email your completed forms to:
StokeConference@rethink.org

or post to:
**Stoke Conference
Rethink Mental Illness
Paul's House
Tower Street
Taunton TA1 4BH**

We recommend early booking, but by September 8th at the latest.



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Booking form

Please return completed form by **8 September** at the latest

Your details

Title Name

I am a service user carer professional other

I am a member of Rethink Mental Illness Membership number

I would like to become a member of Rethink Mental Illness (Complete enclosed membership form)

Contact number

Email address

Home address

.....

Do you have any special dietary requirements or allergies or have special access needs?

I am employed as a mental health professional and would like an invoice to be sent to

I enclose a completed membership form for 12 months subscription with direct debit instruction, debit/credit card payment or cheque.

I would like details of overnight accommodation (special conference rates) YES NO

Please send your completed booking form, membership form (where applicable) and remittance (cheques made payable to Rethink Mental Illness) to:

Stoke Conference, Rethink Mental Illness, Paul's House, Tower Street, Taunton, Somerset, TA1 4BH

For more information email stokeconference@rethink.org or phone **01823 365315**

Membership form



This form is for Classic membership registration only.
For e-membership, please complete your application online at www.rethink.org/membership, where you can also apply for Classic membership if you prefer.

Name

Address

Telephone

Email

Reference number (Rethink office use only)

Step 1

Please indicate how you would like to pay for your Classic membership

- Direct Debit (form overleaf) - Monthly (at least £2.25) / Annual (at least £27)
- Single payment by cheque / CAF voucher (must be at least £27)
- A single payment by credit/debit card for £_____ (must be at least £27)

Name on card

Card number

Start date (if applicable) / Expiry date /

Security number (Last three digits on back of card) Issue number (if applicable)

Please make cheques payable to Rethink Mental Illness (please enclose)

Make your donation to Rethink Mental Illness worth 25% more.

If you're a UK taxpayer simply tick the box below.

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I am a UK taxpayer*

Please treat all donations or membership payments I make or have made to Rethink Mental Illness for the past 4 years as Gift Aid donations until further notice.

*I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for that tax year. I understand that if I pay less Income Tax and/or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I give. Please treat all donations I make, or have made to Rethink Mental Illness for the past four years from the date of the donation detailed below, as Gift Aid donations until further notice.

Signature _____ Date _____

Step 2

How would you like to hear from us? We're an 'opt-in' charity.

We'd like to keep you up to date about the work we're doing, and the amazing difference your financial support is making. We will only do this if you tick the boxes below, telling us how you are happy for us to contact you.

Post Email Phone SMS

Please tick post or email to ensure you receive your member magazine.

Your details are safe with us. We will never sell your details to any third party.

If you wish to pay by Direct Debit fill in the details below.



Instruction to your Bank or Building Society to pay by Direct Debit

Please fill in the whole form and send it to: FREEPOST Rethink Mental Illness

Name(s) of account holder(s)

Bank/Building Society account number

Branch sort code

Name and full address of your Bank or Building Society

To: The Manager, Bank/ Building Society

Address

Postcode

Reference no. (for official use only)

Instruction to your Bank or Building Society

Please pay Rethink Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Rethink and, if so, details will be passed electronically to my Bank/ Building Society.

Signature Date

Banks and Building Societies may not accept Direct Debit Instructions for some types of accounts

(FOR RETHINK OFFICIAL USE ONLY - This is not part of the instruction to your bank or building society and will be detached by Rethink Mental Illness before submission to the paying bank)

PLEASE COMPLETE

I wish to pay £_____ per month (must be at least £2.25)
OR £_____ per year (must be at least £27)
Payments will be taken on the 1st of the month

This guarantee should be detached and retained by the payer.

The Direct Debit Guarantee

- This guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit Rethink will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Rethink to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by Rethink or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society.
- If you receive a refund you are not entitled to, you must pay it back when Rethink asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

