
Engagement Newsletter

September 2017

Hello,

An early Autumn welcome from the Engagement Team here at Dudley CCG. We hope you are all keeping well, we have a few items we would like to share with you all;

1. Commissioning Intentions 2018/19-2019/20
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 3. Friends of Ridgeway Surgery event
 4. New website for children and young people
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Commissioning Intentions 2018/19 & 2019/20

Commissioning Intentions outline the strategic interventions to improve the way we commission and contract, review and transform specialised services in Dudley.

Dudley Clinical Commissioning Groups Commissioning Intentions can be [read in full here](#), and we will be running a consultation on these from Wednesday 20th September until Wednesday 11th October.

We would appreciate you letting us know your views on these intentions by taking this [survey](#).

Older People's Day

You are invited to join us to celebrate Older Peoples Day 2017; Combatting Loneliness and Isolation.

This free event is for individual older people and representatives of organisations across all sectors working with or for older people in Dudley.

**Brierley Hill Methodist Church, Bank Street
28th September 2017 – 10.30 am to 2.30 pm**

There will be a range of activities during the day including a reminiscence session, craft session, relaxation session and seated exercise – join us for all or part of the day. Information from various organisations will be available on marketplace stalls. Refreshments and a buffet lunch will be provided but booking is essential.

[Older People's Day Flyer](#)

[Older People's Day Poster](#)

If you would like to book a place, or book lunch, please call Fynelle Wishart at Age UK, Dudley on 01384 354508 or email receptionhq@ageukdudley.org.uk

Friends of Ridgeway Surgery Event

Friends of Ridgeway Surgery would like to invite you to their keep safe and well event this October. They have lots of organisations attending and would like to welcome as many people as possible to attend.

The flyer to advertise the event can be [found here](#).

St Andrews Church, Sedgley

Wednesday 4th October 2017

11am - 3pm

Come along and find advice on: loneliness, how to join groups, keeping active and fit, manage your money and avoiding debt.

Brand new website for children and young people

Public Health Dudley are delighted to tell you about the launch of a brand new website for children and young people of Dudley called IZONE.

It is a website developed with young people for the children and young people of Dudley and is a one stop shop for trusted local information, national links and apps to things that our young people may need as access quickly, easily and discreetly from drink and drugs advice, to sexual health clinics, mental health, wellbeing advice and much more in no more than 3 clicks which is just what they asked for! It's also a great signposting tool for any professionals, staff or volunteers to see what's available to help and signpost young people to services and activities that will help them to lead healthy and happy lives.

Please promote this website with colleagues, friends and family in the Dudley area. The address is <http://izone.org.uk/>

Rethink Emotional Distress Helpline

Dudley CCG have commissioned a confidential free phone line support service from Rethink.

Criteria is a Dudley GP registered or resident, over the age of 16 years and experiencing emotional distress. The referral process is either self-referral or a professional referral.

Free phone support line number is 0800 802 2288

Opening times: Monday - Friday 6pm - 1am / Saturday and Sunday 2pm - 1am

Rethink support groups in Dudley

Rethink would like to share some new initiatives with you all.

Please find a [leaflet here](#) which advertises a new group Rethink are setting up in Dudley and some [further information here](#) regarding an introduction to registered groups.

If you would like more information, please contact Mark Woodward (Groups and Involvement Officer in the West Midlands) 07436 562335

Have your say for a safer borough

People are being invited to have their say on the big community safety issues for people who live, visit and work in Dudley borough by taking part in a short online survey. Borough residents are being asked to tell safe & sound, Dudley's community

safety partnership - which incorporates the borough's local police and crime board - what their main community safety concerns are both in their local area and in the borough as a whole.

The survey also asks people to indicate what they feel should be the top five priorities for the partnership over the next 12 months.

Residents can also observe a safe & sound board meeting;
30 October 2017 at Dudley's Council House from 6pm to 8pm.

Senior officers and decision-makers from the police, council, fire service and other organisations will be on hand following the meeting to answer questions and talk to members of the public.

To take part in the survey or to book a place at the public meeting, visit
www.dudleysafeandsound.org

Break Away

Lunch & Social Activity Club for Older People

Break Away is a new opportunity for older people to meet new friends, enjoy lunch and take part in some social activities. It is a Break Away for people from the social isolation and loneliness that many older people face today.

Break Away is also intended to give carers a Break Away from some of their commitments or just to have some quality time for themselves. However, as we recognise that people often want to do things together, there is also the option for carers to come to the club as well.

We are looking forward to offering an exercise session on Thursday afternoons at 1.30pm for people over 50. Mark Phillips is an established tutor within the borough and can provide classes for all abilities. The classes are fun and adaptable, exercising to music from all our favourite decades. Mark's motto is *"Do what you can,*

when you can”

Mark can provide tuition on either seated or standing exercise, depending on the needs of his group.

Break Away is held at **The Royal British Legion, Summerhill, Kingswinford, DY6 9JG, Weekly on Thursdays and Fridays, 9am – 4pm**

For further information or to arrange a visit please contact Jenny Bates; 07487 404882 (Introductory Offers Apply)

PPG QUIZ NIGHT

All PPG's or members of the community are invited

Feldon Lane PPG would like to invite you to a pub style quiz night they are holding in Blackheath at St Paul's Church Hall, Vicarage Road, B62 8HX on Saturday 14th October.

To view the poster for the quiz night [please click here](#)

To complete a quiz form to enter your team, [please click here](#)

There will be a prize for the teams that come 1st and 2nd and for the team that comes last! Feel free to take your own food and drink (alcohol is allowed!)

If you are interested in attending or would like further information, please contact Dave Taylor; axnfel@talktalk.net or Stuart Rudge: stuart.rudge43@hotmail.co.uk

Parents and carers support group

Healthwatch Dudley would like to share information about a group they have set up for local people to get mutual support from other parents and carers, find helpful

contacts and to share experiences that will help shape the future for young people's mental health services in Dudley borough.

The next session will be on:

Wednesday 11 October between 6pm and 8pm at Gather Cafe, 65 Dudley High Street Dudley, DY1 1PY

They will provide the coffee, cake and a very warm welcome. You don't need to book, just turn up - and please help spread the word by [sharing this poster](#)

Healthwatch Dudley can be contacted on hello@healthwatchdudley.co.uk or 03000 111 001 for more information.

Social Media Surgery

Would you like to know how to use blogs, video clips, photo sharing sites, Facebook, Twitter or other free web tools to help your group? Do you want to use the web to communicate, campaign or collaborate online? We can help you do it easily and for free.

Social Media Surgeries are completely free advice sessions for community and voluntary groups, clubs and societies. In Dudley borough they are hosted by a team of social media enthusiasts from Dudley CVS.

Come and meet people who understand all about social media and how you can get the most out of it. You might have specific questions that you'd like to ask, or you might just like a general introduction to what's available. You don't need any previous knowledge to take part, and there won't be any lectures. We'll talk to you one-to-one, listen to what you need and explain things clearly.

Free web tools can help you to organise activities, promote events, raise funds, collect feedback from your participants and keep a record of everything you do.

All of our helpers are volunteers or staff from local organisations who know enough about using social media tools to help someone else. Perhaps when you have learnt

something new you can come back and return the favour.

**The next Social Media Surgery will be on Wednesday 6th December at Gather,
65 High Street, DY1 1PY, 6pm - 7.30pm.**

For further information please visit:

<http://socialmediasurgery.com/surgeries/dudley-cvs>

White House Cancer Support newsletter

White House Cancer Support would like to share their newsletter which features events, news and meetings. Please [click here to view](#).

Healthwatch Annual Report

Please find the link to Healthwatch Dudley 2016/2017 annual [report here](#).

Get Healthy in Dudley

If you would like to know more about the healthy hubs in Dudley or more information about smoking, drinking, healthy eating, weight management, sexual health, sleep or how to get a health check, get involved or further information on falls prevention or dementia..... then you need to visit; <https://lets-get.com/>

This gives you all the information you need to know about getting healthy in Dudley.

Also, to find out more about activities that are going on during the summer please visit the Family Information Service web pages on <http://fis.dudley.gov.uk/fsd/> with the option to search by township so you can see what is local to you. There are

hundred of activities listed, including regular groups which take place.



We would like to provide the opportunity to share upcoming events from PPG's and partners;

Airtime

Dudley CVS would like to share details of the support group for those with COPD which is being held every Thursday 1pm-3pm at DY1 Building, Stafford Street, Dudley, DY1 1RT.

[Airtime poster](#)

If you would like further information, please contact Kate Green on 01384 573381 or email buildingblocks@dudleycvs.org.uk

Please remember if you would like us to advertise any of your events, you can send through information to keren.hodgson@nhs.net and your event can feature **here**



Board Meeting

Thursday 9th November 2017

1pm – 3pm

Room T051, 3rd floor, BHHSCC, DY5 1RU



**Dudley Clinical Commissioning Group
Brierley Hill Health and Social Care Centre
Venture Way
West Midlands
DY5 1RU
Tel : 01384 321730**

If you have any feedback about the format of these emails or suggestions for the content please let us know.

Or if you would prefer not to receive these emails anymore, please get in touch and we will be happy to take you off the list.

Our mailing address is:

keren.hodgson@nhs.net