



**You are invited to join us to celebrate
Older Peoples Day 2017
Combatting Loneliness and Isolation**

This free event is for individual older people and representatives of organisations across all sectors working with or for older people in Dudley.

**Brierley Hill Methodist Church, Bank Street
28th September 2017 – 10.30 am to 2.30 pm**

There will be a range of activities during the day including a reminiscence session, craft session, relaxation session and seated exercise – join us for all or part of the day.

Information from various organisations will be available on marketplace stalls. Refreshments and a buffet lunch will be provided but booking is essential.

If you would like to book a place, or book lunch, please call Fynelle Wishart at Age UK, Dudley on 01384 354508 or email receptionhq@ageukdudley.org.uk