

LEAP Over 50 Project

Healthy Footsteps for 50 Plus Walks with a Difference Series

Picture Safari Walk

Fun, friendly, relaxed environment.

£5

A treasure hunt with a twist.

A reference sheet is given to each group with photos and questions. Keep your eyes open and stay alert as we have a casual walk around the gorgeous woodland and surrounding area.

The winning team receive a small token.

Includes a tea/coffee/soft drink and get together after the walk.

Spaces going quickly, please be sure to BOOK your place now.

Wednesday 20th December

10.00am start

3 miles

Allow at least 3 hours



Saltwells Local Nature Reserve

Off Coppice Lane

Quarry Bank

Dudley

DY5 1AX

For more information and to book please contact Health and Wellbeing:

tel: 01384 343535 email: leapover50@ageukdudley.org.uk