## DUDLEY LIBRARY LAUNCH EVENT





Join us for the launch of the GLL Better brand at our Mood-Boosting Monday event at Dudley Library, St James's Road, DY1 1HR
11.00am-3.00pm
Monday 29<sup>th</sup> January 2018

Try out taster sessions that will be running as part of our forthcoming health and wellbeing days. Including: beauty therapy, mindfulness colouring, traditional board games, health and wellbeing information.

This a is a free event but places must be booked.

Visit Eventbrite at <a href="www.eventbrite.co.uk">www.eventbrite.co.uk</a> to book your tickets.

For more information contact Cara Evans on 01384 815555 or e-mail <a href="mailto:cara.evans@gll.org">cara.evans@gll.org</a>

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