

Health & Wellbeing Project

Healthy Footsteps for 50 Plus

Walks with a Difference Series

The Chain Makers of Mushroom Green and Cradley

Roy will share information about characters and events from Cradley Heath to Cradley Forge. Learn about how chain makers worked and lived plus other fascinating stories.

Wednesday 15th August 2018

Prompt 10.30am start

2 - 3 hours

2 miles

£3 - Book now

Saltwells Local Nature Reserve, Off Coppice Lane,
Quarry Bank, Dudley, DY5 1AX

For more information please contact the Health & Wellbeing on
tel: 01384 343535 email: Health&Wellbeing@ageukdudley.org.uk

www.ageukdudley.org.uk