

Health & Wellbeing Project

Healthy Footsteps for 50 Plus

Walks with a Difference Series

Wildflower Seed Collection Walk

Thursday 19th July 2018

Prompt 10.30am start

2 hours

£3 - Book now!

Head over to Saltwells to learn about the wonderful wildflowers of the Nature Reserve and help make their wildlife even better in the future by collecting and sowing wildflower seeds straight from their marvellous meadows.



Saltwells Local Nature Reserve

Off Coppice Lane, Quarry Bank,
Dudley, West Midlands, DY5 1AX

For more information please contact the Health & Wellbeing on
tel: 01384 343535 email: Health&Wellbeing@ageukdudley.org.uk

www.ageukdudley.org.uk